

VIRGINIA LOW VISION GUIDE



VIRGINIA DEPARTMENT FOR THE BLIND AND VISION IMPAIRED

☎ (800) 622-2155

www.dbvi.virginia.gov

Provides services and resources which empower individuals who are blind, vision impaired, or deaf-blind to achieve their desired levels of employment, education, and personal independence.

NEW VISION ROANOKE, VA

☎ (540) 985-8900

www.goodwillvalleys.com/adult-services

Free instruction on how to use the latest technology and devices to connect to the world and increase independence. Individual instruction includes the use of tablets, computers, smartphones.

DR. DAVID ARMSTRONG, LOW VISION OPTOMETRIST

☎ (866) 321-2030

www.VirginiaLowVision.com

Dr. Armstrong has been helping Virginians see their very best for over 50 years. He is totally committed to helping visually impaired people maximize their eyesight so they can enjoy more active, independent lives.

VALLEY VOICE HARRISONBURG, VA

☎ (540) 568-3812

www.wmra.org/valley-voice

Valley Voice is a radio newspaper reading service for the visually impaired.

NATIONAL LIBRARY SERVICE

☎ (888) 657-7323

www.benefits.gov/benefit/753

A free braille and talking book library service for low vision, blindness, or a physical disability that prevents people from reading or holding the printed page.

Ability2Access

☎ (540) 639-9732

www.Ability2Access.com

Ability2Access provides the highest quality low vision and blindness products, software, and training to schools, government agencies, and individuals. A2A is dedicated to facilitating the independence of individuals with visual impairments or blindness.

VISIONAWARE

☎ (800) 232-5463

www.VisionAware.org

A service of the American Printing House for the Blind.

VERONIIICA WITH FOUR EYES

veroniiica.com

This website contains a very large amount of helpful information for visually impaired people. It is especially helpful to students.

Some of these organizations may direct you to other resources as appropriate.

Virginia Department of Motor Vehicles Requirements for Bioptic Telescope Lens Wearers

MINIMUM VISION REQUIREMENTS

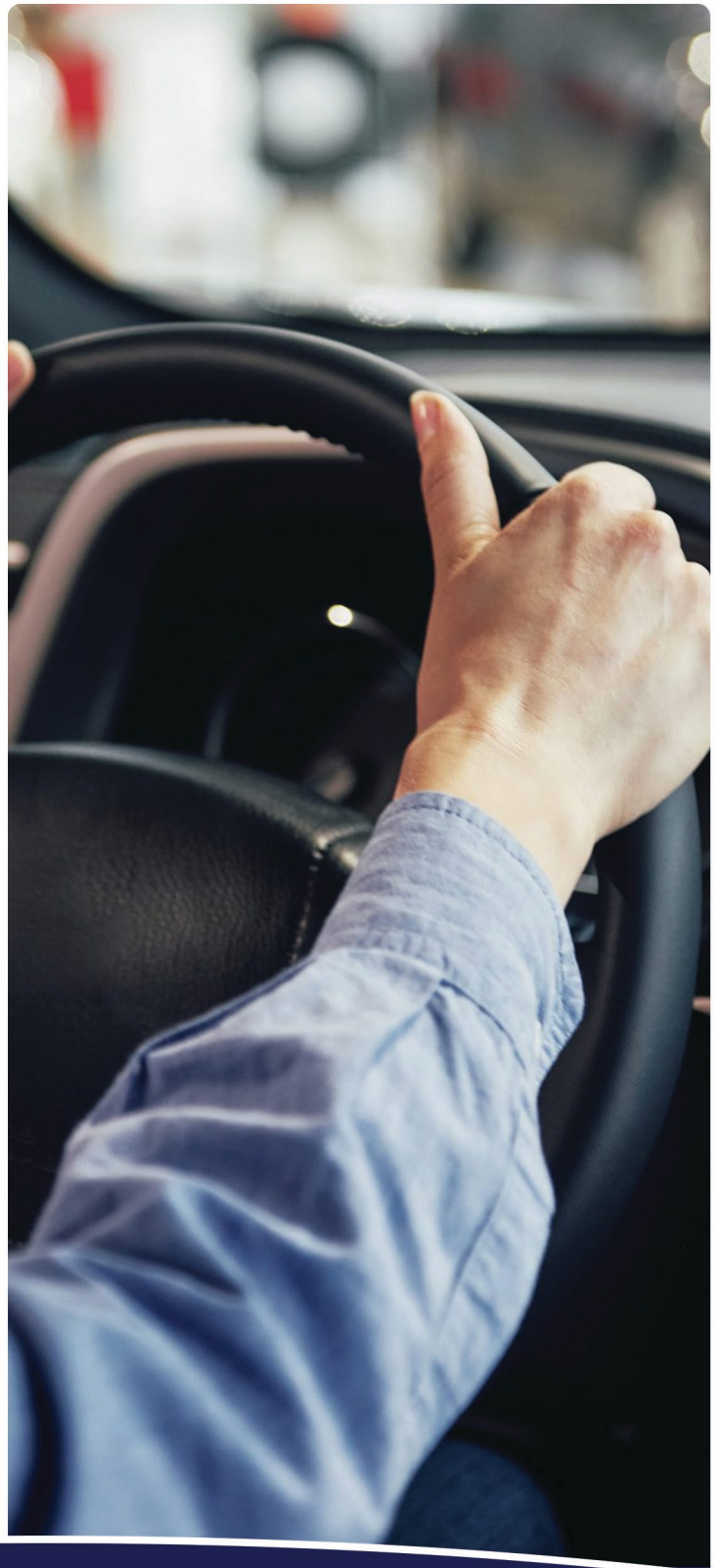
Visual Acuity: must be 20/200 or better in one or both eyes through the carrier lens (eyeglasses), AND must be 20/70 or better in one or both eyes through the bioptic telescopic lens, which must be mounted to the carrier lens.

Horizontal Vision (without field expanders): must be 70 degrees or better. If one eye only, standard is 40 degrees or better temporal and 30 degrees nasal.

LICENSE RESTRICTIONS

Bioptic drivers are subject to the following minimum restrictions:

- ✓ Licensee must wear the bioptic and the carrier lens while driving.
- ✓ Driving during daylight hours only (beginning 1/2 hour after sunrise and ending 1/2 hour before sunset). NOTE: This restriction may be lifted after one year if the licensee's visual acuity is 20/40 or better in one or both eyes without field expanders, and the licensee can pass a night driving road skill examination.
- ✓ Endorsements to drive special vehicles, such as buses, large trucks, commercial vehicles, and motorcycles, are not permitted.



Dr. David L. Armstrong, *Low Vision Optometrist*

(866) 321-2030  **www.VirginiaLowVision.com**

Helping the visually impaired remain active and independent.